

PHYSICAL THERAPY

OUR BODY OF
WORK SPEAKS
FOR ITSELF.



Agility An Agility Health® Partner

Physical Therapy & Sports Performance



A BETTER VERSION OF YOU.

There are hundreds of reasons patients require physical therapy but one place to turn for quality physical therapy is Agility Physical Therapy & Sports Performance. Our team of experts will spend one-on-one time with you to assess your needs and develop an individualized program that will set you on the path to healing. Movement is Life!

Physical Therapy: TEAM AGILITY

Our expert staff takes a comprehensive approach to treating each person as an individual. With over 125 years of combined experience, our goal is to optimize functional return to whatever the desired activity. From pediatrics to geriatrics, we have a number of specialty programs to meet each persons needs.

Specialty Programs

- Acute and chronic orthopedic injury management
- Post-operative rehab for extremity and spine
- Functional and sports physical therapy
- Aquatic therapy (Kalamazoo location)
- Balance and fall risk assessment
- State-of-the-art videotaped walking and running gait analysis with shoe and orthotic recommendations
- Post-Partum Athlete and Just for K.I.D.S. program
- Performing Arts and Dance Medicine program

Our Expert Staff

- Board Certified Clinical Specialists in Orthopedics (OCS) and Sports (SCS) Physical Therapy
- Certified Strength & Conditioning Specialist
- McKenzie, manual therapy and manipulative trained physical therapists
- Certified Golf Fitness Instructor (Titleist Performance Institute)
- Advance training in biomechanical analysis for lower quarter injuries



agilitysportsmedicine.com

Portage Location

6016 Lovers Lane, Ste 3, Portage, MI 49002
P 269.329.0934 F 269.329.0965

Kalamazoo Location

5886 Venture Park, Kalamazoo, MI 49009
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