

# PEDIATRIC THERAPY

PAIN IS NOT  
PART OF  
GROWING UP.



*Agility* an Aquatic Health Partner

Physical Therapy & Sports Performance



# HELPING KIDS BE KIDS.

Not all pain in children can be classified as “growing pains.” Sometimes there are musculoskeletal or biomechanical reasons for their symptoms.

## **Physical Therapy: *Just for kids!***

With the increased awareness for the need for health and wellness, the trend of getting our children active at an earlier age continues to grow. Year-round participation, travel premier teams and multi-sport athletes...injuries can happen! The expert staff at Agility Physical Therapy & Sports Performance have over 125 years of combined experience in working with the pediatric population and understand that kids need to be treated differently than adults.

## **Specialty Programs**

- Acute and chronic orthopedic injury management
- Post-operative rehab for extremity and spine
- Functional and sports physical therapy
- Balance and training
- Pre-season injury screening (SFMA approach)
- State-of-the-art videotaped walking and running gait analysis with shoe and orthotic recommendations
- Performing Arts and Dance Medicine program
- Golf Functional Integrated Training (F.I.T.) program
- Plyometric and Injury Prevention Training program (S2 P.E.A.K. Training at Agility)

## **Our Expert Staff**

- Board Certified Clinical Specialists in Orthopedics (OCS) and Sports (SCS) Physical Therapy
- Certified Strength & Conditioning Specialist
- Certified Golf Fitness Instructor (Titleist Performance Institute)
- Advance training in biomechanical analysis for lower quarter injuries



agilitysportsmedicine.com

### **Portage Location**

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### **Kalamazoo Location**

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